

Menuplan

from May 3rd till May 28th





QUALITY OF LIFE SERVICES		from May 3rd till May 28th				Customer N	umber					
			•		× In	Family Nam	e , First Nan	ne :				
Enjoy your meal!!						Class:						
						Street / House number :						
Menu/Day	Monday	Tuesday	Wednesday	Thursday	Friday	Zip Code / Town :						
		W	eek from May 3rd till May 7th			Monday T	uesday W	lednesday Thursda	Friday	Т		
A Kids Favourites	Fried Sausages of Poultry with Rice and Broccoli (C, 2, 3, 7, 15, bc)	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Chicken Wings with French fries and Sweet Corn (C)	Fried Escalope of Chicken with Potatoes and mixed Vegetables (C, aw, uw)	Fish fingers with Rice and Carrots (F, aw, uw, af)					Menu A	1. Week	
B All world Choice	Ravioli with Herb-Cheese-Sauce (V, aw, uw, gb, ae, am, bc)	Goulash of Beef with Noodles and Bell Pepper (B, aw, uw)	"Chana" Chick Peas with Tomatoes and Basmati rice (V)	Fried Couscous with mixed Vegetables (V, aw, uw)	Chili sin Carne with Beans, Sweet Corn and Nachos (V, 1, 2, ap)					Menu B		
Salad	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison							
Dessert	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison							
	Weeks from May 10th till May 14th						uesday We	ednesday Thursda	Friday	_		
A Kids Favourites	Mini-Spring roll with Basmati rice and mixed Vegetables (V, 2, aw, uw, ae, ay)	Chicken Crossies with French fries and Sweet Corn (C, aw, uw)	Pasta "Bolognese" with Cheese (B, aw, uw, am)	Ascension Day No School	No School			X	$\mathbf{X} \mathbf{X}$	Menu A	2. Week	
B All world Choice	Stewed Chicken "Zürich Style" with Noodles and Mushrooms (C, aw, uw, gb, ay, am, bc)	"Frankfurter Grüne Soße" Herb sauce with boiled Eggs and Potatoes (V, ae, am, bm)	Potatofritters topped with Tomato-Mozzarella (V, am, 23)	Ascension Day No School	No School			X	$\mathbf{X} \mid \mathbf{X}$	Menu B		
Salad	Salad of the saison	Salad of the saison	Salad of the saison									
Dessert	Fruits of the saison	Fruits of the saison	Fruits of the saison									
		We	ek from May 17th till May 21st			Monday T	uesday We	/ednesday Thursda	Friday			
A Kids Favourites	Pasta with Tomato sauce and Cheese (V, aw, uw, am)	Hamburger with French fries (B, aw, uw, as, ae, am, bm, 1, 3, 5)	Fried Escalope of Chicken with Gravy, Potatoes and mixed Vegetables (C, aw, uw, gb, ay, am, bc)	Meatballs with Basamti rice and Broccoli (B, aw, uw, ae)	with Tomatoes with Tomatoes Cheese and Salami (V; P, 1, 2, 3,15, aw, uw, am, bm, bc, 23)					Menu A	3. Week	
B All world Choice	Chicken Masala with Basmati rice (C, am)	Tagliatelle with Spinach sauce and Cheese (V, aw, uw, ae, am)	Filet of Fish Broccoli with Basmati rice and Ratatouille (F, aw, uw, af, am)	Fresh Asparagus with Sauce Hollandaise and Potatoes (V, aw, gb, ae, am, bc)	Steak of Turkey with Gratin of Potatoes and Beans (C, am)					Menu B		
Salad	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison							
Dessert	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison							
A Kids Favourites	White Monday No School	Spaghetti "Bolognese" with Cheese (B, aw, uw, am)	Hot Dog with French fries (C, 3, 7, 15, aw, uw, gb, ae, ay, am, bm, bc)	Vegetarian Lasagne with Tomatoes and Cheese (V, aw, uw, gb, ay, am, bc, 23)	Fish fingers with Basmati rice and Broccoli (F, aw, uw, af)	Monday T	uesday W	/ednesday Thursda	r Friday	Menu A	4. Week	
B All world Choice	White Monday No School	Curry with Potatoes Green Beans and Basmati Rice (V, bm, 23)	Potato fritters filled with Cream Cheese served with a Dip (V, aw, uw, gb, am)	Tandoori Chicken with Basmati rice and Broccoli (C)	Omelette with Spinach and Potatoes (V, aw, uw, gb, ae, am)	X				Menu B		
Salad		Salad of the saison	Salad of the saison	Salad of the saison	Salad of the saison							
Dessert		Fruits of the saison	Fruits of the saison	Fruits of the saison	Fruits of the saison							
Additives: 1 - with colours, 2 - with preservatives, 3 - with antioxidants, 4 - with flavour enhancers, 5 - with sweeteners, 7 - with phosphate, 8 - waxed, 15 - with nitrite salting mix; Allergens: aw - contains cereals containing gluten*, uw - contains wheat*, nr - contains sherley*, go - contains saltey*, go - contains spelt*, gk - contains kamut*, ax - contains other gluten containing grain*, ac - contains crustaceans*, ae - contains eggs*, af - contains personal spelt*, ay - contains solven spelt*, ay - contains solven spelt*, ay - contains spelt*, ay - contains cashew*, sp - contains personal nut*, sr - contains brazil nut*, st - contains pistachio*, sm - contains macadamia nut*, sq - contains queensland nut*, bc - contains celery*, bm - contains spelt*, as - contains suphrur dioxide and sulphites, nl - contains lupin*, um - contains multises*; and products thereof; Other labels: S - pork, R - beef, F - Fisch, G - poultry, Italic - vegetarian dish							Please hand in to Kiosk Sodexo c/o ISF Straße zur Internationalen Schule 33 65931 Frankfurt /Sindlingen					

Order Form

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